



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



SPAREBANKSTIFTELSEN DNB

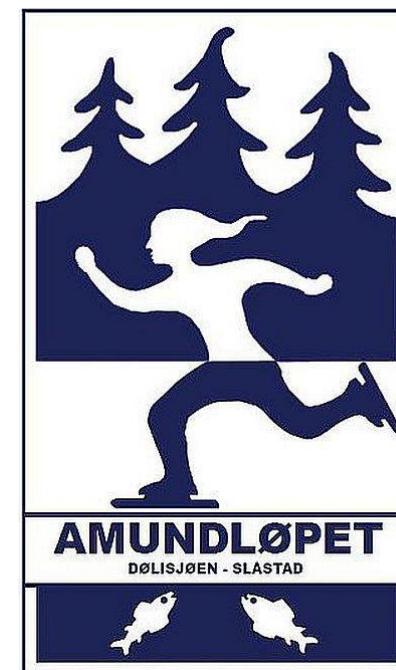


sparebank stiftelsen hedmark



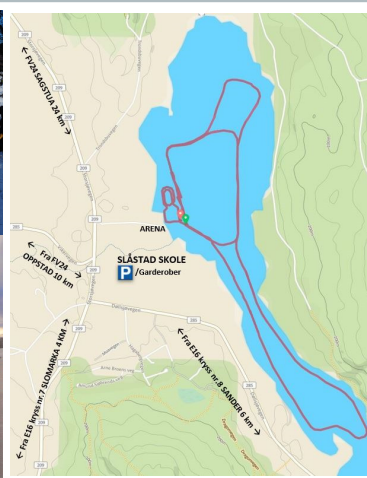
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

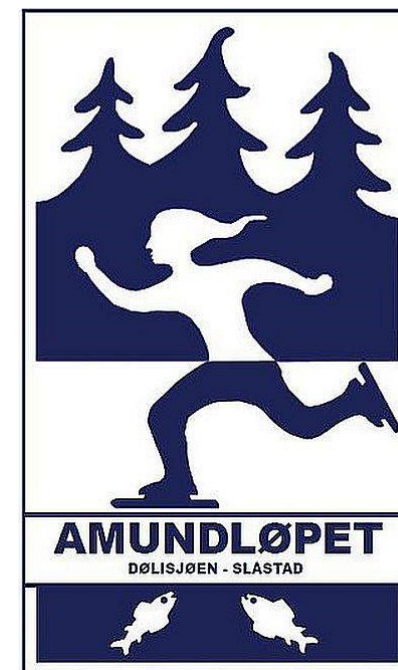


sparebank stiftelsen hedmark



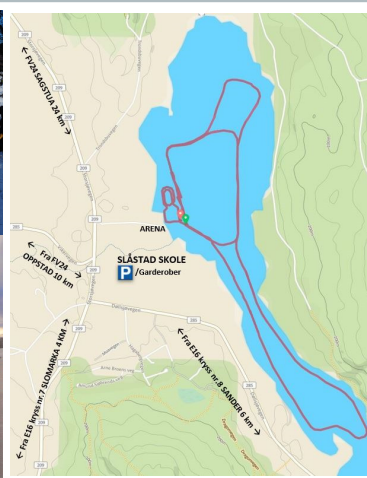
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



SPAREBANKSTIFTELSEN DNB



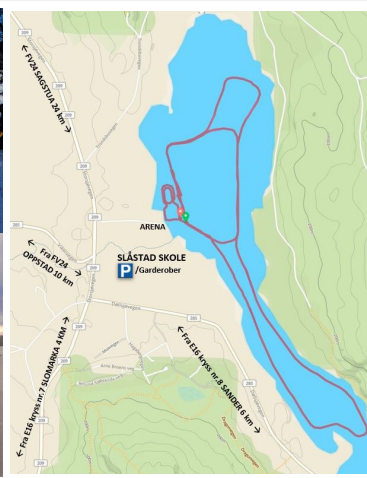
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



SPAREBANKSTIFTELSEN DNB

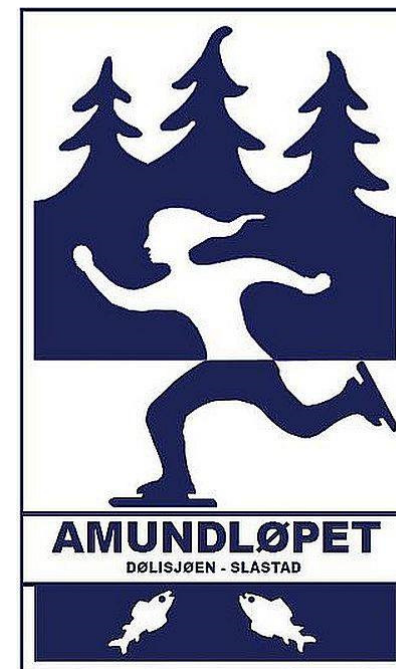


sparebank stiftelsen hedmark



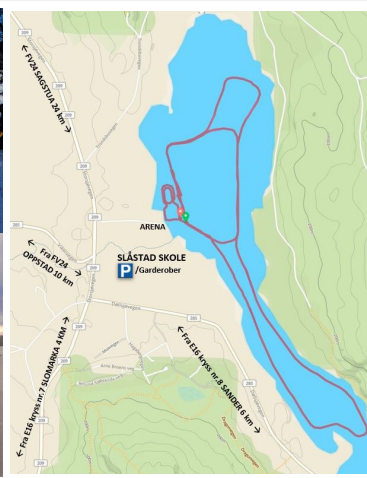
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19.00 Stand-up with Nils and Anita

21.00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

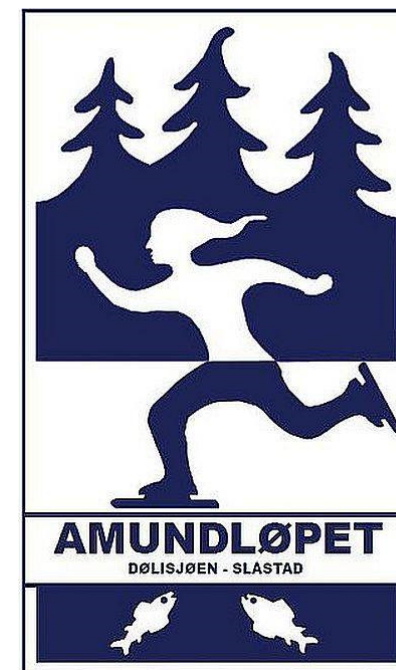


sparebank stiftelsen hedmark



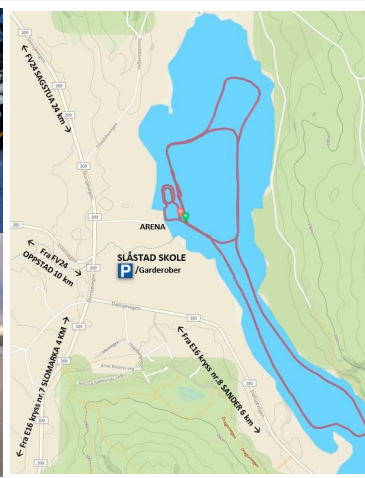
Odal Sparebank
SIDEN 1877

**Dølisjøen Ice Festival
with:**



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



SPAREBANKSTIFTELSEN DNB



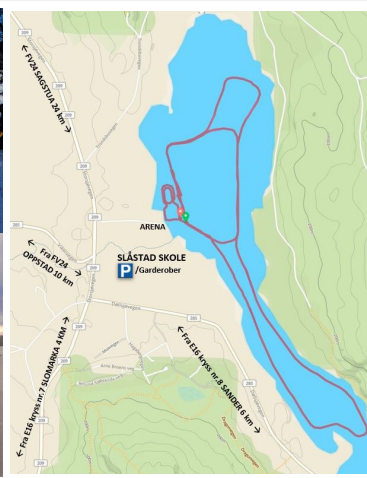
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19.00 Stand-up with Nils and Anita

21.00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



SPAREBANKSTIFTELSEN DNB



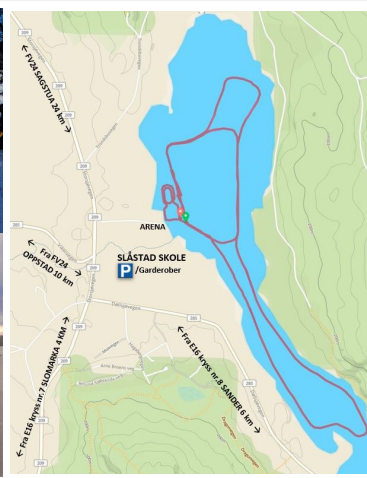
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19.00 Stand-up with Nils and Anita

21.00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

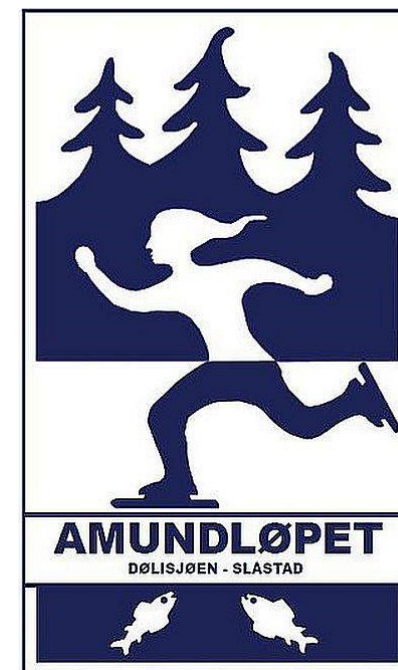


sparebank stiftelsen hedmark



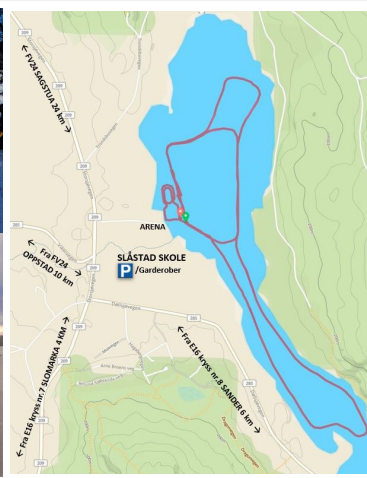
Odal Sparebank
SIDEN 1877

**Dølisjøen Ice Festival
with:**



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

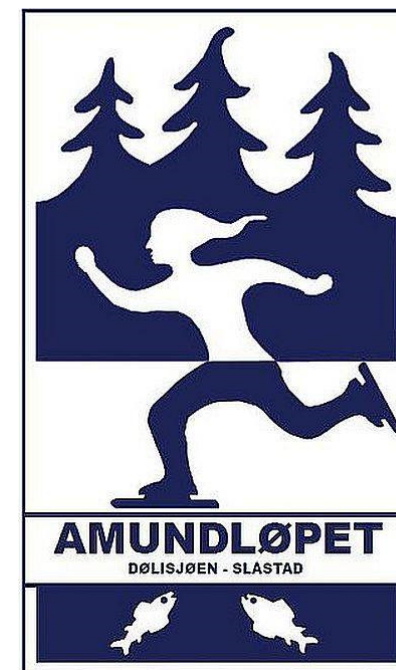


sparebank stiftelsen hedmark



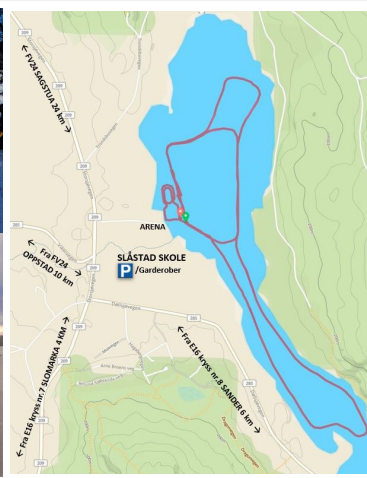
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

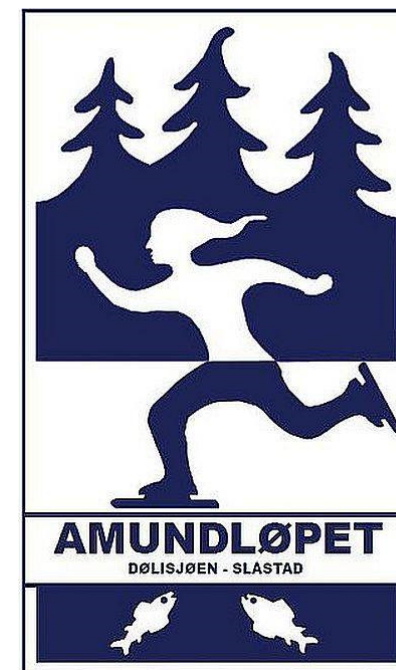


sparebank stiftelsen hedmark



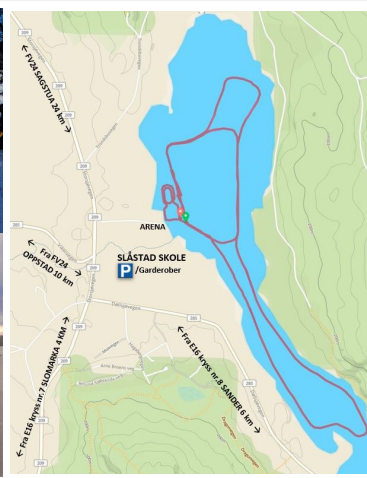
Odal Sparebank
SIDEN 1877

**Dølisjøen Ice Festival
with:**



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19.00 Stand-up with Nils and Anita

21.00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

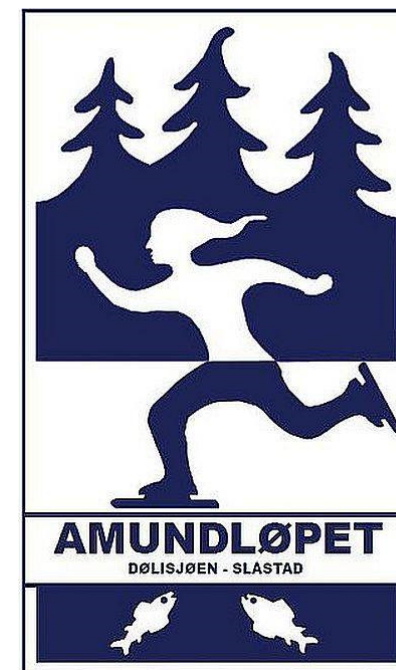


sparebank stiftelsen hedmark



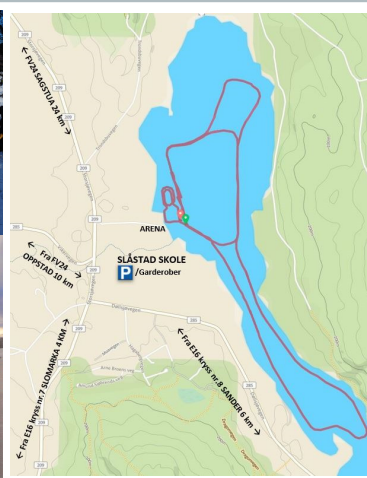
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

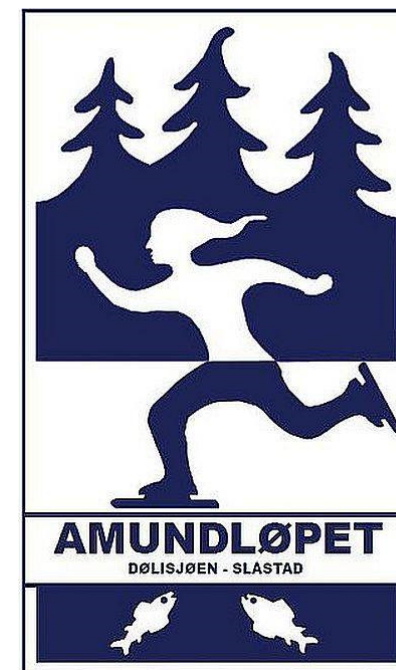


sparebank stiftelsen hedmark



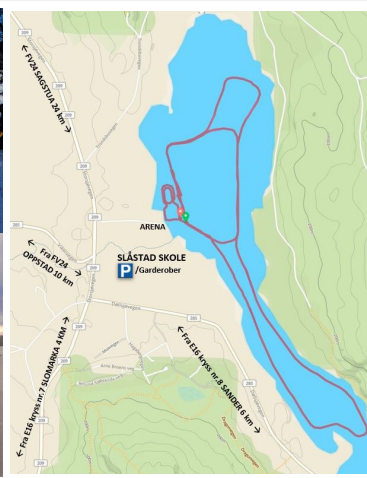
Odal Sparebank
SIDEN 1877

**Dølisjøen Ice Festival
with:**



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

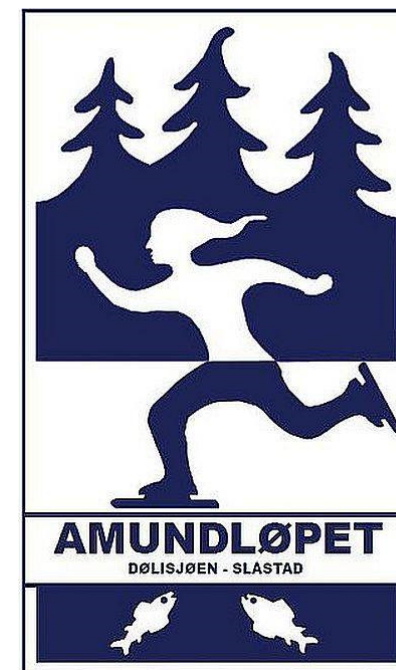


sparebank stiftelsen hedmark



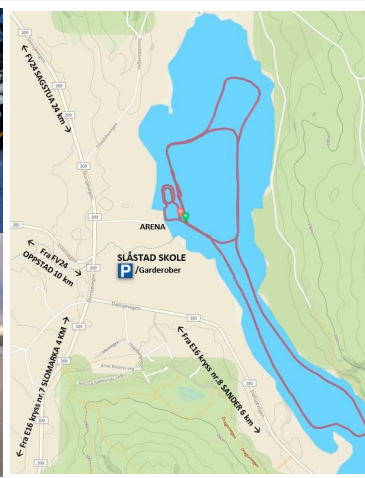
Odal Sparebank
SIDEN 1877

**Dølisjøen Ice Festival
with:**



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

**WELCOME!
Saturday
March 7th 2020
From 13:00**



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19.00 Stand-up with Nils and Anita

21.00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

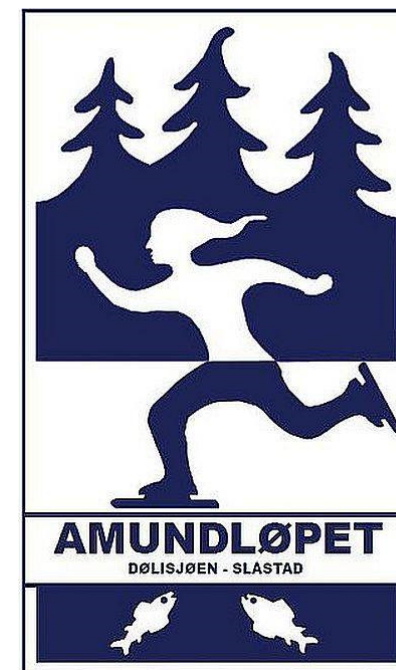


sparebank stiftelsen hedmark



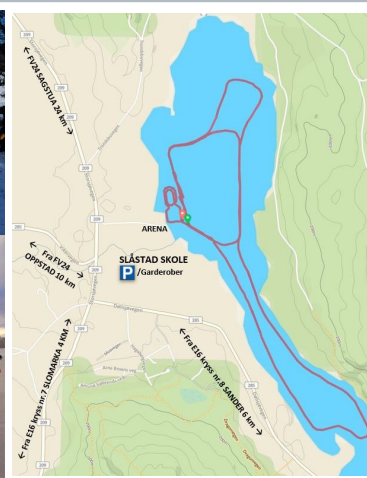
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk
50% repayment in case of cancellation

Children-/and other racing classes: Starts between 13:00 og 15:00

Children 0-6 y (250m field):
500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100
Festival pass other: kr 50 (fam. maks. 200,-)	
Members of Slåstad SA gets 25% off	
Drawing of gift cards and div. prizes on the entrance fee.	

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

- 13:00 Mayor opens the festival
- 13:05 Children's activities starts
- 13:15 The Amund Race 50 km
- 15:00 Trim class starts.
- 16:00 Icedance. Folk dance.
- Prize ceremony (for all races) lightshow and fireworks
- 17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.
- 18:00 4- ess versus public – Quiz-Who knows most about skating?
- 19.00 Stand-up with Nils and Anita
- 21.00 Pub and DJ-music
- 00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer
86561

(The program is subject to changes)



He started his career on Dølisjøen as a kid and ended up as a world champion.

«During the World Championship in February 1981 an audience of 57.000 was cheering "Amund, Amund, Amund" at Bislet Stadium in Oslo. Kay Stenshemmet took the lead after three rounds, but Amund Sjøbrend from Slåstad finishes as the number one world champion.



From left: Kay Stenshemmet, Sten Stensen, Amund Sjøbrend and Jan Egil Storholt testing the ice at Amund Race 2017.



www.amundlopet.no

www.facebook.com/dolisjoen

Thank to all our Sponsors!



Sulland Kongsvinger AS



Silvregat 11
2100 Skarnes



SPAREBANKSTIFTELSEN DNB

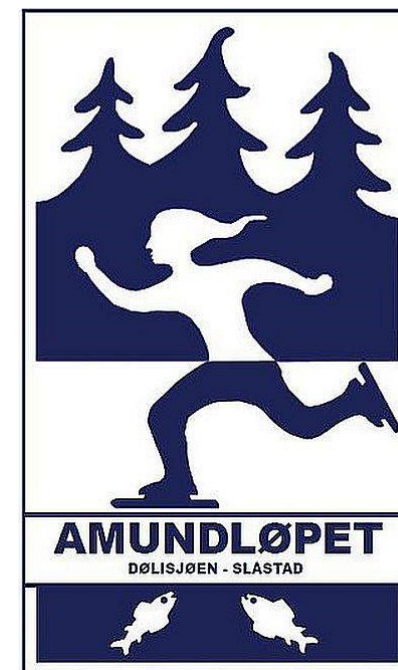


sparebank stiftelsen hedmark



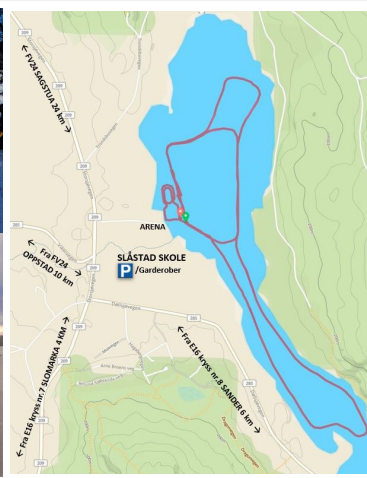
Odal Sparebank
SIDEN 1877

Dølisjøen Ice Festival
with:



**Amund,
Jan Egil, Kay and Sten
Thor Gotaas
Kjersti and Nils
Music - Kafé - Pub**

WELCOME!
Saturday
March 7th 2020
From 13:00



The Amund Race

From 13:00 -15:00:

Active Women/Men (incl. disabled)

50 km start 13:15	NOK 300
20 km start 14:00	NOK 300
10 km start 14:30	NOK 300

Active girls/boys

10-14 years old:	
5 km start at 14:30	NOK 100
15-16 years old:	
10 km start at 14:30	NOK 100
Disabled people-see registration link.	

Registration via www.eqtiming.no

Write "amund" in the search field

Prizes for all racers

All activity at your own risk

50% repayment in case of cancellation

Children-/and other racing classes:

Starts between 13:00 og 15:00

Children 0-6 y (250m field):

500 or 1000m with timetracking – make a personal record ☺ NOK 50

Take as many rounds as you wish at 13:30:

7-9 years	NOK 50
Grown-ups	NOK 100

Festival pass other: kr 50 (fam. maks. 200,-)

Members of Slåstad SA gets 25% off

Drawing of gift cards and div. prizes on the entrance fee.

Free parking at Slåstad School

Welcome to Dølisjøen Ice Festival 7th March

The Amund Race - Activities for all ages - Entertainment –
Fireworks – Quiz – Stand Up – Music – Pub

Arena, start and finish:
By Slåstadhella

Parking and changing
rooms at
Slåstad School,
Storsjøvegen 407

Registration, café and
entertainment:

In heated longhouse
lavvo at Slåstadhella

www.amundlopet.no



Slåstad Sport Association welcomes you
to a day filled with activities at and on
the lake Dølisjøen:

13:00 Mayor opens the festival

13:05 Children's activities starts

13:15 The Amund Race 50 km

15:00 Trim class starts.

16:00 Icedance. Folk dance.

Prize ceremony (for all races) lightshow and fireworks

17:00 After-Skate in the lavvo: Author Thor Gotaas tells from his book.

18:00 4- ess versus public – Quiz-Who knows most about skating?

19:00 Stand-up with Nils and Anita

21:00 Pub and DJ-music

00:00 Thanks for coming and have a safe journey home ☺



Amundløpet

Vippsnummer

86561

(The program is subject to changes)